

# FunShine



## Splash into Summer 2011

Registration Starts:  
Friday June 17<sup>th</sup> 6pm-8pm  
@ District Office

Contact: Caitlin Burdeniuk, Summer Recreation Coordinator  
[recreation@fortstjames.ca](mailto:recreation@fortstjames.ca) Or (250) 996-8233



## A Note from Your Coordinator:

### PRE-REGISTRATION IS REQUIRED FOR ALL PROGRAMS

#### Summer Recreation Program Registration

To avoid disappointment, please register for all programs on registration night:

**Friday June 17<sup>th</sup> from 6pm-8pm**

**@ District of Fort St. James Office, 477 Stuart Drive West**

Registration will continue Monday to Friday from 8:30 to 4:30pm @ the District Office. If you have any inquires regarding any of the programs, please contact Caitlin Burdeniuk, Summer Recreation Program Coordinator, by phone: (250) 996-8233 or by email:

[recreation@fortstjames.ca](mailto:recreation@fortstjames.ca)

#### Child and Family Passes are Available!

Want to save \$? Buy a child pass for \$100.00. This *Child Pass* provides entry into **5** programs (including only **1** \$40 program and **4** \$20-\$30 programs!!!) (You may enroll your child in additional programs at regular cost). Another great deal we're offering this year is the *Family Pass*. The *Family Pass* is \$300.00. The *Family Pass* permits up to 4 children in a family entry into 5 programs each (including only **1** \$40 program and **4** \$20-\$30 programs per child!!!) Note: They do not have to be enrolled in the same programs and you may enroll your child(ren) in additional programs at regular cost.

#### Refund Policy

There will be NO refunds (unless a program is cancelled). Please make sure you are able to participate before registration.

#### Kids Code of Conduct

The Recreation Department is here to provide a fun and safe environment for all its participants; therefore, any child that is not adhering to our behavioral standards will be requested to leave.

#### Pick-Up and Drop-Off

Please do not drop your child(ren) off more than **10** minutes early for a program. We use the time before to set up and prepare for the program and cannot give our full attention to your child(ren) until the program begins. Also, pick-up at the allotted times is **mandatory**.



**\*FREE\***



**Day (Ages 5 & up)**



Once again we're hosting a fun **\*FREE\*** day to kick off the summer Rec. Program. Are you interested in some last-minute gardening? Come out and plant some trees with Anthony Fast from the Ministry of Forests. We'll also plant flowers using our "green" thumbs and create some gifts for the garden. A great way to savour the first day of summer vacation!!!

**\*\*Bring Picnic Lunch\*\***

**Dates:** *June 30th*  
**Times:** *9:00am - 3:30pm*  
**Location:** *Recreation Room @ the District Office*  
**Cost:** *Free (Pre-registration required)*



**Cookie Monsters (Ages 5 & up)**



We explore the world of delicious desserts and make some all time favorite cookies also some healthy snacks. Join us in learning how to bake new and tasty treats that everyone is sure to enjoy! In addition, we'll create our very own cookbook so you can recreate your favorite treats anytime.

**Dates:** *July 4<sup>th</sup> - 8<sup>th</sup>*  
**Times:** *9:00am - 11:30am*  
**Location:** *FSJSS (Foods Room) - use the back entrance*  
**Cost:** *\$ 40*



**Funky Foods (Ages 5 & up)**



Grab your chef hat, aprons and appetites and join us as we learn to make fun and easy dishes and a variety of tasty treats. Don't worry about those grumbling tummies after the course is done; we'll be keeping track of our rockin' recipes in your very own recipe booklet so you can create them time and time again.

**Dates:** *July 4<sup>th</sup> - 8<sup>th</sup>*  
**Times:** *1:00pm - 3:30pm*  
**Location:** *FSJSS (Foods Room) - use the back entrance*  
**Cost:** *\$ 40*



### Creepy Crawlers (Ages 5 & up)



If you like bugs, this program is for you!! We will be going on a lot of bug hunts and investigating the exciting and fascinating world of Entomology.

*Dates:*           **July 11<sup>th</sup> - 15<sup>th</sup>**  
*Time:*           **9:00am - 11:30am**  
*Location:*      **Recreation room @ District Office**  
*Cost:*           **\$ 30**



### Inspector Gadget Detectives (Ages 7 & up)



Do you like to solve mysteries and follow clues? Join us on an exciting adventure into the realm of discovery. This week long excursion includes learning the tricks of being a detective like Nancy Drew and Sherlock Holmes and being sharp-eyed like Harriet the Spy!!

*Dates:*           **July 11<sup>th</sup> - 15<sup>th</sup>**  
*Time:*           **1:00pm - 3:30pm**  
*Location:*      **Recreation Room @ District Office**  
*Cost:*           **\$ 30**



### Fore! Golfers Week (Ages 5 & up)



Once again the Summer Recreation Program is offering a fantastic week long opportunity to enjoy the game of Golf. Join us this week where you can learn golf etiquette and other techniques of this renowned sport. We will be out on the greens of Stuart Lake Golf Course.

**\*Note: The club can provide the basic equipment but bringing your own golfing equipment is encouraged! Also bring a water bottle, sunscreen, hat, and healthy snacks as we will be out all day in the sun.\***

*Dates:*           **July 18<sup>th</sup> - July 22<sup>nd</sup>**  
*Time:*           **9:00am- 11:30am**  
*Location:*      **Stuart Lake Golf Course**  
*Cost:*           **\$ 40**



### Science Rules! (Ages 5 & up)



Do you like chemistry? Physics? Or wonder how things are made? Well this program was designed with you in mind!!! Join us this week as we experiment with all kinds of concoctions and marvel at the wonders science can render.

**Dates:** July 18<sup>th</sup> - 22<sup>nd</sup>  
**Time:** 1:00pm - 3:30pm  
**Location:** Recreation Room @ the District Office  
**Cost:** \$ 30



### Tool Time (Ages 5 & up)



It's Hammer Time again! For all you nail-driven enthusiasts, join us as we attempt the art of woodworking! We're going to build crafty wood collectibles and get to paint them! Get ready for some fun times!

***\*Please bring a hammer and wear old clothes since we will be painting.\****

**Dates:** July 25<sup>th</sup> - 29<sup>th</sup>  
**Time:** 9:00am - 11:30am  
**Location:** Arena  
**Cost:** \$ 30



### Photo-Bookers (Ages 5 & up)



We will be taking our own pictures (camera is provided), learning the basics of scrapbooking and preserve some of your favorite photos throughout the summer in a neat and fun album we will be making ourselves.

***\*\*Bring 10 pictures from home of your summer 2011 that can be cut up\*\****

**Date:** July 25<sup>th</sup> - 29<sup>th</sup>  
**Time:** 1:00pm - 11:30pm  
**Location:** Recreation Room @ District Office  
**Cost:** \$30



### Sports-Extravaganza (Ages 5 & up)



Sports, games and so much more. Join us as we spend this week learning basic skills and rules to various games. A great way to meet new friends and soak up the sun!!!

**\*Bring your runners, healthy snacks, and a water bottle\***

**Dates:** *August 8<sup>th</sup> -12<sup>th</sup>*  
**Time:** *9:00am -11:30am*  
**Location:** *FSJSS -Old Gym Entrance*  
**Cost:** *\$ 20*



### Lights, Camera, Action (Ages 7 & up)



Come out and discover the secrets of theatre and take part in the production of a kid-friendly play. We will be directing, acting and designing stage and props for our own play. On August 12<sup>th</sup> we'll have a chance to perform our plays for a live audience of family and friends. A great way to meet new friends and get over your stage fright!

**Dates:** *August 8<sup>th</sup> -12<sup>th</sup>*  
*Play Presentation: Friday August 12<sup>th</sup> (3:30pm-4pm)*  
**Time:** *1:00pm - 3:30pm*  
**Location:** *FSJSS-Old Gym Entrance*  
**Cost:** *\$ 30*



### Aspiring Artists (Ages 5 & up)



Join us this week for an exciting adventure of artistic expression. This fun filled week is dedicated to the Arts where we will be dipping into a little paint to unleash our imaginations. If you think that you have an artistic flair come on out and join the fun!

**Dates:** *August 15<sup>th</sup> -19<sup>th</sup>*  
**Time:** *9:00am -11:30am*  
**Location:** *Recreation Room @ the District Office*  
**Cost:** *\$ 30*



## FunShine Survivors (Ages 5 & up)



This time on survivor you will need to survive a week-long boot camp where you will experience the fun and excitement of perseverance and teamwork. Are you up for the challenge to become the next ultimate FunShine Survivor?

**\*Bring Runners, water bottle, snacks, and team spirit! ☺ \***

*Dates: August 15<sup>th</sup> - 19<sup>th</sup>*  
*Time: 1:00pm - 3:30pm*  
*Location: Recreation Room @ the District Office*  
*Cost: \$ 30*



## Kidz Camp Out (Ages 5 & up)



If you have a love for the great outdoors and camping, then this event is for you. Join us for our annual Paarens Beach Kidz Camp Out. Games, swimming and so much more! A great way to enjoy the nice heat of summer!

*Dates: Thursday August 4<sup>th</sup> - August 5<sup>th</sup>*  
*Time: Drop off: August 4<sup>th</sup> @ 12pm*  
*Pick up: August 5<sup>th</sup> @ 4pm*  
*Location: Paarens Beach Provincial Park*  
*Cost: \$ 40*



## 2<sup>nd</sup> Annual FREE End of the Season Splash (Ages 5 & up)



Once again, we will be hosting our *End of the Season Splash* to express our appreciation for supporting our Summer Recreation Program!!! Come down to Cottonwood Beach on August 25<sup>th</sup> for a fun-filled day of games, prizes and so much more to celebrate the end of the summer season. This event is *\*Free,\** but pre-registration is a must!

**\*\*\*Bring swimming suits, towels, sun screen, water bottle, and a picnic lunch!\*\*\***

*Date: August 25<sup>th</sup>*  
*Time: 10am - 3pm*  
*Location: Cottonwood Beach*  
*Cost: Free (Pre-registration is required)*



## Awesome All-Day Adventures!



### Mexican Fiesta (Ages 5 & up)



*iHola recepción!* (Hello welcome!) Join us for a two day excursion into the Mexican lifestyle. We will be making our own maracas, Mexican crafts, and playing Mexican games like the piñata.

**\*costumes are welcomed, but not required! Lunch will be provided on Wed. Aug. 3<sup>rd</sup> BUT please bring a lunch for Tuesday. \***

**Dates:** *Tuesday August 2<sup>nd</sup> - Wednesday August 3<sup>d</sup>*

**Time:** *9:30am-3:30pm*

**Location:** *Recreation Room @ the District Office*

**Cost:** *\$ 30*



### Birthday Bash! (Ages 5 & up)



For all those with summer birthdays join us for a Big Birthday Bash celebrating your birthdays and the program's birthday as well! We will be playing common birthday themed games and having birthday cake!

**\*Everyone please bring a small gift (under \$5) for a gift exchange, Lunch will be provided\***

**Dates:** *Monday August 22<sup>nd</sup>*

**Time:** *9:30am-3:30pm*

**Location:** *Recreation Room @ the District Office*

**Cost:** *\$ 25*



### Special Services (Ages 5 & up)



Join us as we investigate some of the local organizations that assist us in our daily lives. Lots of fun and exciting activities await you!

**\*\*Bring a Lunch\*\***

**Dates:** *Wednesday August 24<sup>th</sup>*

**Time:** *9:30am-3:30pm*

**Location:** *Recreation Room @ the District Office*

**Cost:** *\$20*

## FunShine Presents:



### A Swim Day @ Prince George 4 seasons pool!

**When?** Tuesday August 23<sup>rd</sup> **From:** 9am -4pm  
(Please arrive 20 minutes before bus departs)

**Who?** Ages 5 & up

**How Much?** \$25

**(\*\*\*Please bring a lunch, swim gear and a towel\*\*\*)**

## Volunteers!



We welcome anyone interested in volunteering. If you would like to help with any programs or events, please phone or email your request to (250) 996 8233 or [recreation@fortstjames.ca](mailto:recreation@fortstjames.ca).

**\*A Criminal Record check is required \***



### **KHAS T'AN** **Outdoor Adventure Tourism** **Horsemanship and Eco-Tourism Services** **Bringing Nature Closer to You!**



Take advantage of our Horsemanship Lessons & exciting Summer Horsemanship Schools! We offer horsemanship services for people of all ages and backgrounds.

We offer custom Eco-Tour Adventures that are catered to your learning goals & interests. Our tours are a fun & innovative way to step out into nature and experience history, culture & the environment on a whole new level.

Horsemanship Lessons | Horsemanship Schools | Horse Development & Foundation  
Guided Adventure Eco-Tours | Hiking | Boating | Wilderness Driving | Angling

We take pride in our ability to plan & deliver quality services for people of all ages.  
**WE LOOK FORWARD TO SEEING YOU THIS SUMMER!**

For More Information:

Call: 1-250-996-8026 E-mail: [info@tourismfortstjames.com](mailto:info@tourismfortstjames.com)

Visit Webpage: [www.tourismfortstjames.com](http://www.tourismfortstjames.com)

You can register at the District Office June 17<sup>th</sup> from 6-8pm same as the Summer Recreation Programs!  
Call Kyla to register after the registration evening.

OTHER PROGRAMS BEING OFFERED IN FORT ST. JAMES:

(Registration for these programs is not through the District office)

The Nak'azdli Youth Committee Presents:



**FUN @ COTTONWOOD PARK**

**When: Saturday, July 11<sup>th</sup> 2009**

**Time: Noon - 4:00 pm.**

The Youth Committee's theme for this event is *How to have a Safe and Healthy Summer* so we hope that the town will come out and learn while taking part in all of the different activities.

☺ Come prepared to get wet and dirty ☺

We look forward to seeing you there!!

If you have any questions or would like to volunteer please contact:

Kerry Buck, Nak'azdli Youth Wellness

Office (250) 996 7400

[youthworker@nakazdlihealth.ca](mailto:youthworker@nakazdlihealth.ca)



**Summer Reading Club 2011: Savour Each Word**



Encourage kids to gobble up some great reading this summer!

Children will "Savour Each Word" when they join the 2011 Summer Reading Club.

It's offered for free at the Fort St. James Bicentennial Library.

Children ages 7-12 will have the opportunity to participate in reading, crafts, and outdoor learning activities relating to our theme throughout the program.

This Summer Reading Club will make reading fun and enjoyable so don't miss out!

**Registration:** Throughout the month of June at the Fort St. James Bicentennial Library

**Program Dates:** Every Wednesday from July 6<sup>th</sup> - August 10<sup>th</sup>

**Time:** 2:30-4:00pm

**Cost:** Free

***For Further Information and Registration Contact the Library staff at 996-7431***



**Music for Young Children**



Music for Young Children "Try-it" classes offered during the summer months.

Call Norma Hoy for dates and times @ (250) 996-8349.

## OTHER PROGRAMS BEING OFFERED IN FORT ST. JAMES:

(Registration for these programs is not through the District office)



This summer, Stuart Lake Golf Club is offering a junior day, where juniors have the chance to golf for a cheaper rate. The program will run once a week on Mondays for junior's ages 5 – 17 and ages 5-9 need to be with an adult.

**Cost:** \$ 5.00 for Golf  
\$ 4.00 for hot dog and pop  
**Location:** Stuart Lake Golf Course  
**When:** Mondays

*For more information call Stuart Lake Golf Club at (250) 996-8736.*



### **Red Cross Swimming Lessons**

Certified Swim Coach Jennifer Salokannel is offering Red Cross Swimming Lessons for all ages and all levels (pre-school level - level 10).










**Dates:** Thursday, Friday, Saturday  
**From:** July 7<sup>th</sup> – August 27<sup>th</sup>  
**Times:** 10:00am – 4:00pm (\* Times are Flexible \*)  
**Cost:** Private \$18 per lesson  
Semi- Private \$15 per lesson  
**Group:** 3 to 5 kids \$12 per lesson

*For more info or to register Contact Jennifer Salokannel (250) 996-7076 or (250)-614-9531 or by email: [salokan@unbc.ca](mailto:salokan@unbc.ca)*

# July

Monday	Tuesday	Wednesday	Thursday	Friday
			30 *June*  *Free* 9:30am-3:30pm	1 *July*  Day Join us @ Cottonwood!!
4 Cookie Monsters  Funky Foods	5 9am-11:30am  1pm-3:30pm	6 →  →	7 →  →	8 →  →
11 Creepy Crawlers  Inspector Gadget Detective	12 9am-11:30am  1pm-3:30pm	13 →  →	14 →  →	15 →  →
18 Fore! Golfers  Science Rules	19 9am-11:30am  1pm-3:30pm	20 →  →	21 →  →	22 →  →
25 Tool Time  Photo-Bookers	26 9am-11:30am  1pm-3:30pm	27 →  →	28 →  →	29 →  →

# August

Monday	Tuesday	Wednesday	Thursday	Friday
1  BC Day No Programs Today!	2 Mexican Fiesta!  9:30am-3:30pm	3 Mexican Fiesta!  9:30am-3:30pm	4 Kids Camp Out!  @Paarens Beach Drop-off: 12:00pm	5 Kids Camp Out!  @Paarens Beach Pick-up: 4:00pm
8 Sports of all Sorts  Lights, Camera, Action	9 9am-11:30am  1pm-3:30pm	10 →  →	11 →  →	12 →  →
15 Aspiring Artists  Funshine Survivors	16 9am-11:30am  1pm-3:30pm	17 →  →	18 →  →	19 →  →
22 Birthday Bash!!  9:30am-3:30pm	23 P.G Bus Trip!  Four Seasons Pool	24 Special Services  9:30am- 3:30pm	25 *Free* End of the Season Splash!!! @ Cottonwood 10am-3:30pm	26 Music On The Mountain.  (Murray Ridge)

**FunShine! Splash into Summer 2011**  
**Registration Form**  
**Tear Off Sheet**

Name of Participant	
Age	
Phone #	
Address (including Box #)	
Emergency Contact Name & Phone #	
Health Concerns (allergies, asthma)	

**Children's Programs**

Please highlight or circle the programs that you wish to enroll your child in.

NOTE: The Child Pass = 1 \$40 program plus 4 \$20-\$30 programs. The Family Pass includes 4 child passes! You may enroll your child(ren) in additional programs at regular cost!!!

<b>Program</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Cost</b>
*Free* Go Green Day	June 30 <sup>th</sup>	9:30am-3:30pm	District Rec. Room	Free (day)
Cookie Monsters	July 4 <sup>th</sup> -8 <sup>th</sup>	9:00am-11:30am	Foods Room @ FSJSS	\$ 40
Funky Foods	July 4 <sup>th</sup> -8 <sup>th</sup>	1:00pm-3:30pm	Foods Room @ FSJSS	\$ 40
Creepy Crawlers	July 11 <sup>th</sup> -15 <sup>th</sup>	9:00am-11:30am	District Rec. Room	\$ 30
Inspector Gadget Detectives	July 11 <sup>th</sup> -15 <sup>th</sup>	1:00pm-3:30pm	District Rec. Room	\$ 30
Fore! Golfers	July 18 <sup>th</sup> -22 <sup>nd</sup>	9am-11:30am	Stuart Lake Golf Course	\$ 40
Science Rules!	July 18 <sup>th</sup> -22 <sup>nd</sup>	1:00pm-3:30pm	District Rec. Room	\$ 30
Tool Time	July 25 <sup>th</sup> -29 <sup>th</sup>	9:00am-11:30pm	Arena	\$ 30
Photo-Bookers	July 25 <sup>th</sup> -29 <sup>th</sup>	1:00pm-3:30pm	District Rec. Room	\$ 30
Sports of all Sorts	August 8 <sup>th</sup> -12 <sup>th</sup>	9:00am-11:30pm	Old Gym @ FSJSS	\$ 20
Lights, Camera, Action	August 8 <sup>th</sup> -12 <sup>th</sup>	1:00pm-3:30pm	Old Gym @ FSJSS	\$ 30
Aspiring Artist	August 15 <sup>th</sup> - 19 <sup>th</sup>	9:00am-11:30pm	District Rec. Room	\$ 30
Funshine Survivors	August 15 <sup>th</sup> - 19 <sup>th</sup>	1:00pm-3:30pm	District Rec. Room	\$ 30

Mexican Fiesta	August 2 <sup>nd</sup> -3 <sup>rd</sup>	9:30am-3:30pm	District Rec. Room	\$ 30
Kidz Camp Out	August 4 <sup>th</sup> -5 <sup>th</sup>	Drop-off: 12pm Pick-up: 4pm	Paarens Provincial Park	\$ 40
Birthday Bash!	August 22 <sup>nd</sup>	9:30am-3:30pm	District Rec. Room	\$ 25
PG Bus Trip Four Seasons Pool	August 23 <sup>rd</sup>	9:00am-4:00pm	District Rec. Room	\$ 25
Special Services	August 24 <sup>th</sup>	9:30am-3:30pm	District Rec. Room	\$ 20
*Free* End of the Season Splash	August 25 <sup>th</sup>	10:00am-3:30pm	Cottonwood Park	Free (day)

**Your child's picture will be taken and possibly used in scrapbooks and on our website. If you DO NOT want your child's picture to be taken and used please sign here.**

**I DO NOT wish my child's picture to be used for summer recreation purposes.**

**Signature of Parent or Legal Guardian**

<b>Purchase of Child Pass or Family Pass</b>	<b>\$</b>
<b>Total Paid to District of FSJ Cash Cheque Interac</b>	<b>\$</b>