

Rural Community Public Health Services

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Fort St. James
#121—250 Stuart Dr.
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Fraser Lake
Chowsunket Rd.
Box 369 Fraser Lake VOJ 1S0
Phone (250) 699-8960 Fax: 699-6292

Mackenzie/District Hospital/Health Centre
45 Centennial Rd.
Bag 249 Mackenzie V0J 2C0
Phone (250) 997-3263 loc. 252 Fax: 997-3940

McBride
1126 5th Avenue
Box 97 McBride V0J 2E0
Phone (250) 569-2251 loc 226 Fax: 569-2232

Quesnel
511 Reid St Quesnel V2J 2M8
Phone (250) 992-4366 Fax: 992-4312

Valemount
1445—5th Ave.
Box 1 Valemount V0E 2Z0
Phone (250) 566-9138 loc 228 Fax: 566-9756

Vanderhoof
3299 Hospital Rd.
RR # 2 Vanderhoof V0J 3A0
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**Northern Health
Public Health Services
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Prince George BC V2M 6W5**

**Phone: 250-565-7311
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Public Health Services include:

- Health Promotion
- Health Education
- Prevention of Disease & Injuries
- Supporting Healthy Families



Health Promotion and Prevention

Public Health Nursing

Public Health Nursing Services are provided in 4 main program areas:

Communicable Disease Control

- follow-up of communicable diseases
- screening, treatment and counselling for sexually transmitted diseases
- screening, treatment and counselling for Tuberculosis
- immunization programs
- immunization and health education for international travelers
- education of groups and the community to prevent communicable diseases

Children & Families

- prenatal education
- education and support to new parents & babies through home visits, infant care and breastfeeding support
- Child Health Conferences – growth and developmental screening, immunizations, parenting and safety education/counselling
- education for postpartum depression and support group
- support to families—parenting groups, individual service



School & Youth

- school health education/health promotion
- communicable disease prevention and immunization in schools
- follow-up of students with specific health needs

- wellness program for youth & young adults – includes services related to Sexually Transmitted Disease's, family planning, pregnancy counselling and other health related youth issues

Adult Health

- pregnancy counselling
- Community Health Action Team—Centre for Healthy Living
 - Health education, health promotion related to:
 - * Women Health & Wellness Programs
 - * Healthy Heart Program
 - * Tobacco Reduction
 - * Seniors Wellness
 - * Injury Prevention

Hearing Services-Audiology

- full hearing assessments for children from birth to 18 years of age, upon referral from Physicians, Public Health Nurses, Speech Language Pathologists and other health professionals
- hearing aid services (through the British Columbia Hearing Aid Program)
- manages auditory training equipment for hard-of-hearing students in S.D. 57 and S.D. 91
- early identification of hearing impairment in young infants
- annual screening and follow-up of kindergarten students
- swim plugs and ear defenders provided for clients upon medical referral

Speech-Language Pathology

- speech and language services to pre-school children and adults
- referrals to the speech-language clinic can be made by parents, physicians,

public health nurses, infant development consultants or other care givers. Adults may refer themselves.

- community education programs
- **occupational therapy consultation for pre-school children with communication disorders is available through the speech and language clinic**

Nutrition

- promotes healthy nutrition and lifestyle habits
- source for nutrition information, i.e. Canada's Food Guide for Healthy Eating, Canada's Physical Activity Guide, vegetarian, heart health, etc.
- provides support and consultation to community programs, agencies and businesses including schools and day cares
- consultation to licensed care facilities

Dental Health

- preventative oral health information for our community
- oral screening and lessons to all kindergarten students
- support low income families in accessing dental treatment
- provide fun and educational resource kits to daycares and elementary schools
- and much, much more!!!



Nursing Support Services

Nursing Support Services Program

- provides nursing support to children and youth (0-19 years) who have special health care needs at home and/or school or childcare settings

Nursing supports may take the form of:

- teaching caregivers how to provide specific health-related aspects of a child's care
- direct nursing care



Public Health Protection

Community Care Facilities Licensing

- promotes health and safety and protects the well being of adults and children in licensed care facilities such as day cares, preschools and group homes
- provides routine monitoring and education for operators of community care facilities
- investigates serious incidents, alleged abuse and complaints in licensed facilities or unlicensed care
- reviews programs offered in child care centers
- assesses the suitability of persons who are in charge of licensed care facilities

- provides information, education and guidance for individuals, groups & the community regarding community care facilities and licensing

Involvement of families, care providers and private government agencies in identification of needs, provision of service and problem solving in licensed care facilities

Environmental Health

- prevents disease and promotes health and safety through control of adverse environmental conditions
- monitors: community water systems, drinking water fluoridation, restaurants, food stores and food booths at fairs, domestic sewage disposal systems, subdivision and land development applications, pollution and pesticide permit referrals, commercial swimming pools and hot tubs, public beaches and the safety and sanitation of community care facilities, schools, institutions and personal service facilities
- investigates: food poisonings and water borne communicable diseases outbreaks, retail sales of tobacco to minors under the age of 19 years, public health and safety hazards
- provides consultation for rodent and pest control, radon, clean indoor air, water analysis, water-borne and food-borne communicable diseases, healthy housing and sewage disposal appeals
- administers the FoodSafe Food Training and the FoodSafe Excellence accreditation programs, and Tobacco Retailer's Course
- conducts community sanitary surveys and initiates violation tickets and court action to correct serious public health hazard violations



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